

2024 北京初三一模英语专项练习

材料作文



一、书面表达

1. (2024 北京燕山初三一模) 劳动不仅创造美好生活, 也有助于培养生活技能和精神品质。某英文报社正在开展以“劳动最光荣”为主题的征文活动。请用英文写一篇短文投稿, 谈谈你对劳动的看法, 平时参加哪些劳动, 有什么收获。

提示词语: labor (劳动), glorious (光荣), improve, knowledge, skills

提示问题:

What do you think of labor?

What kind of labor do you often do?

What have you learned from doing so?

2. (2024 北京房山初三一模) 环境就是民生, 青山就是美丽, 蓝天也是幸福。

假如你是李华, 你们学校英语社团公众号正在进行以“低碳生活 (Low-carbon Life)”为主题的征文活动。请你用英语写一篇短文投稿, 谈谈你对低碳生活的看法和做法。

提示词语: important, save, plant, reuse, bicycle

提示问题: What do you think of low-carbon life?

What do you often do to practice low-carbon life?

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3. (2024 北京丰台初三一模) “健康是身体的力量, 是心灵的食粮。”某英文网站正在开展以“健康生活”为主题的征文活动。假设你是李华, 请用英语写一篇短文投稿, 谈谈你在生活中是如何保持身心健康的, 以及这样做给你带来的好处。

提示词语: run, listen to music, strong

提示问题：

- What sport events did you choose?
- How did you prepare for them?
- How did you feel?

6. (2024 北京朝阳初三一模) 某英文网站正在开展以“突破自我，我拼过”为主题的征文活动。假设你是李华，请用英语写一篇短文投稿，谈谈你对“突破自我”的看法，简单描述你为了突破自我而拼搏的一次经历以及你的收获。

提示词语：important, overcome difficulties, a sports meeting, a strong will

提示问题：

- What do you think of breaking through yourself?
- How did you break through yourself that time?
- What have you learnt from the experience?

7. (2024 北京平谷初三一模) 以体树德、以体增智、以体育美、以体促劳。随着平谷区“阳光·乐跑”活动的开展，学生们展现了朝气蓬勃的精神风貌。

假设你是李华。请你以“我的乐跑”为题，用英语写一篇短文给学校英文网站投稿，谈谈你日常的乐跑，对其作简要描述，说说乐跑给你带来了哪些好处，以及今后打算怎么做。

提示词语：relax, energy, build up, confidence, keep doing

提示问题：·How do you take part in the activity?

·What have you achieved?

·What will you do in the future?

Everyone takes part in the activity of Fun Run.

8. (2024 北京石景山初三一模) 沟通是解决问题的重要途径之一。假设你是李华, 请给学校英文网站投稿, 描述一次你与他人通过沟通解决问题的经历, 并谈谈你的收获。

提示词语: argue, phone, apologize, communicate, solve the problem

提示问题: ●How did you solve a problem by communicating with others?

●What have you learned from that experience?

9. (2024 北京西城初三一模) 初中三年, 一定有很多课给你留下了深刻的印象。

假设你是李华。你校英文公众号正在开展以“My Most Memorable Class”为主题的征文活动, 请用英文写一篇文章投稿, 介绍你最难忘的一节课, 并谈谈这节课为什么令你难忘。

提示词语: science, music, experiment, sing, interesting

提示问题: ●What was your most memorable class?

●Why was the class memorable?

My Most Memorable Class

10. (2024 北京东城初三一模) 懂得退让是为人处世的一种智慧。它能够帮助我们避免冲突, 建立信任, 促进合作。

某英文网站正在开展以“退让的力量”为主题的征文活动。假设你是李华, 请用英语写一篇短文投稿, 谈谈你主动退让的一次经历以及你的收获。

提示词语: project, different ideas, cool down, suggest, solve

提示问题: ●What was your experience of taking a step back?

●What have you learned from it?

Sometimes it is necessary to take a step back in a certain situation.

参考答案

1. 例文

Labor is a very important part of our life. I think it is very glorious for everyone to take part in labor.

At home, I often do some chores, such as cleaning the floor, washing the dishes, making the bed, cooking meals and so on. At school, I often help teachers or other classmates do some cleaning. Besides these, I still take an active part in some garbage sorting activities in the community. By doing so, I can not only keep my body strong but also get a lot of new knowledge. The most important thing is that I improve my life skills for my future.

Labor makes me feel very happy.

【详解】[总体分析]

①题材：本文是一篇材料作文；

②时态：时态为“一般现在时”；

③提示：写作要点已给出，注意不要遗漏要点，可适当添加细节，并突出写作重点。

[写作步骤]

第一步，引出话题，谈谈自己对劳动的看法；

第二步，具体介绍自己经常做的劳动；

第三步，书写结尾，介绍自己在劳动中的收获。

[亮点词汇]

①take part in 参加

②do some chores 做家务

③such as 例如

[高分句型]

①I think it is very glorious for everyone to take part in labor. (省略 that 的宾语从句)

②The most important thing is that I improve my life skills for my future. (that 引导的表语从句)

2. 例文

Living a Low-carbon life is important for everyone.

We should save energy. To help with the environment, I live a low-carbon life. I always walk or ride a bicycle to school instead of taking a car. Besides, I will try to use things that can be recycled and I never forget to turn off the lights when I leave the classroom. I think it's my duty to live a low-carbon life. And even the simplest activities can make a real difference to the environment. So I suggest we should reuse books as long as possible. And we'd better not spend much money on expensive clothes. Finally, we should plant more trees.

If everyone does something for the environment, I believe the earth will be a better place. Let's change ourselves.

【详解】[总体分析]

① 题材：本文是一篇材料作文；

② 时态：时态为“一般现在时”；

③ 提示：写作要点已给出，考生应注意不要遗漏“提示信息”中“我对低碳生活的看法以及为了低碳生活我日常的做法和我的建议”，适当添加细节，并突出写作重点。

[写作步骤]

第一步，表明写作意图。借用“低碳生活对每个人来说都很重要。”来引出重点介绍的内容；

第二步，具体阐述写作内容。从“我对低碳生活的看法和我的做法以及我的建议”重点介绍低碳生活的具体情况；

第三步，书写结语。表达“让我们改变自己。”

[亮点词汇]

①save energy 节能

②turn off 关掉

[高分句型]

①Besides, I will try to use things that can be recycled and I never forget to turn off the lights when I leave the classroom. (that 引导的定语从句, when 引导的时间状语从句)

②If everyone does something for the environment, I believe the earth will be a better place. (if 引导的条件状语从句, 省略 that 的宾语从句)

3. 例文

Health is wealth. It's important for us to keep body and mind healthy. Now, I'd like to share with you about how I keep healthy in my life.

First of all, I usually eat healthy food to keep fit because healthy food provides me with enough energy. What's more, I keep running for about 30 minutes every day. This makes me pay more attention to my study. Last but not least, I often listen to music to relax when I feel stressed or tired.

Healthy life gives me a strong body as well as a clear mind, so I am going to keep living in a healthy way.

【详解】[总体分析]

①题材：本文是一篇材料作文；

②时态：时态为“一般现在时”；

③提示：写作要点已给出，考生应注意不要遗漏，适当增加细节完整表述内容。

[写作步骤]

第一步，介绍健康的重要性，并引出本文主题；

第二步，介绍保持健康的重要性；

第三步，总结概括。

[亮点词汇]

①keep healthy 保持健康

②first of all 首先

③pay attention to 注意

④as well as 和

[高分句型]

①It's important for us to keep body and mind healthy. (动词不定式作主语)

②First of all, I usually eat healthy food to keep fit because healthy food provides me with enough energy. (because

引导原因状语从句)

4. 例文

It is very important for us to get along with other people. It's necessary to learn to communicate well with others. I think the most useful skill to communicate better is to respect others. I would like to share my experience with you.

Last year I went travelling with my good friend. When I made the plan, he disagreed. We argued about it because I thought he should follow my advice. Later, I thought about it and realized that his advice was actually pretty good. We should respect each other. I said sorry to him and then we had a good trip.

In my opinion, the good communication is very helpful. I should learn how to get on well with others. I should learn to be a good listener and understand others. I should also respect others politely.

【详解】[总体分析]

①题材：本文是一篇材料作文；

②时态：时态以“一般现在时”和“一般过去时”为主；

③提示：文章应该包括两个问题要点，要适当补充，使文章内容充实；注意标点符号及大小写等问题，不要犯语法错误，注意上下文之间的逻辑关系，语意连贯。

[写作步骤]

第一步，介绍良好沟通的方式以及最有用的沟通技巧；

第二步，介绍自身的经历；

第三步，书写结语，表达感受。

[亮点词汇]

①go travelling 去旅行

②say sorry to sb.向某人道歉

③get on well with sb.与某人相处得很好

[高分句型]

①When I made the plan, he disagreed. (when 引导时间状语从句)

②We argued about it because I thought he should follow my advice. (because 引导原因状语从句)

5. 例文

In recent years, our country pays more and more attention to the national physical quality, and calls on students to exercise every day. As a result, PE lessons in school get more and more important.

I chose volleyball because it made me relaxed and strong. I tried my best to prepare for the PE test. First, I kept on playing volleyball after school every day. What's more, in order to have more strength, I practiced my leg strength by doing 100 high leg lifts. Last but not least, I tried to keep a healthy diet eating as many as vegetables and fruits instead of junk food, which could help me stay in good condition for the test.

Though it was tiring, I passed the PE exam and became healthier and healthier.

【详解】[总体分析]

①题材：本文是一篇材料作文；

②时态：时态为一般过去时；

③提示：根据提示问题介绍你选择了什么体育项目，你是怎么准备的，以及你有什么感受。

[写作步骤]

第一步，引出话题；

第二步，介绍你选择了什么体育项目，你是怎么准备的；

第三步，介绍你的感受。

[亮点词汇]

①pay attention to 关注

②as a result 结果

③keep on doing sth.坚持做某事

④instead of 而不是

[高分句型]

①I chose volleyball because it made me relaxed and strong. (because 引导的原因状语从句)

②I tried to keep a healthy diet eating as many as vegetables and fruits instead of junk food, which could help me stay in good condition for the test. (which 引导的定语从句)

6. 例文：

There are many chances for us to try new things in our life. Chances come with trial and challenge. So we must be brave enough to take the first step.

Although I knew that sports were very important, I was not good at sports at all. Once the school would hold a sports meeting, I signed up for the 1000-meter-long run with the encouragement of my mother. My mother encouraged me to bravely overcome difficulties. So, one month before the competition, I persisted in running for 30 minutes every day. At first, it was difficult for me to persist in running down, but when I thought of my mother's words, I had a strong will to win. Finally, I achieved the third place in the competition.

I am very good at sports and now I am also very confident. Through this incident, I have come to understand that as long as we persist, we can definitely achieve victory.

【详解】[总体分析]

①题材：本文是一篇材料作文；

②时态：时态为一般现在时和一般过去时；

③提示：根据提示内容介绍你为了突破自我而拼搏的一次经历以及你的收获，适当增加细节。

[写作步骤]

第一步，谈谈你对“突破自我”的看法；

第二步，介绍你为了突破自我而拼搏的一次经历；

第三步，介绍你的收获。

[亮点词汇]

①not...at all 一点也不

②sign up 报名

③encourage sb. to do sth.鼓励某人做某事

④persist in doing sth. 坚持做某事

[高分句型]

①Although I knew that sports are very important, I was not good at sports at all. (although 引导的让步状语从句)

②At first, it was difficult for me to persist in running down, but when I thought of my mother's words, I had a strong will to win. (when 引导的时间状语从句)

③I have come to understand that as long as we persist, we can definitely achieve victory. (that 引导的宾语从句, as long as 引导条件状语从句)

7. 例文

Everyone takes part in the activity of Fun Run. So do I. This summer, I took part in this activity. Every morning, I followed the Fun Run team and ran along the sunny road with their rhythm.

I feel really comfortable when I listen to the birds singing on the road. Fun Running makes me feel relaxed, energetic, and physically strong. My confidence has increased because I often communicate with people while running.

In the future, I will keep joining in Fun Run and pass on this activity, calling on more people to take part in this activity.

【详解】[总体分析]

①题材：本文是一篇材料作文；

②时态：时态为“一般现在时和一般过去时”；

③提示：写作要点已给出，考生应注意不要遗漏提示，并适当添加细节，突出写作重点。

[写作步骤]

第一步，根据开头提示，介绍我是如何参加活动的；

第二步，介绍我在活动中取得的成就；

第三步，介绍我将来的打算。

[亮点词汇]

①take part in 参加

②listen to 听

③communicate with sb. 与某人交流

④keep doing 继续做

⑤pass on 传递

[高分句型]

①I feel really comfortable when I listen to the birds singing on the road. (when 引导的时间状语从句)

②Fun Running makes me feel relaxed, energetic, and physically strong. (动名词作主语)

③My confidence has increased because I often communicate with people while running. (because 引导的原因状语从句)

8. 例文

It is common that teenagers argue with their parents sometimes. Once, I argued with my parents when I was

using my phone to play games. My parents got angry and took my phone away. I was really upset.

Knowing that they did so just to do me good, I finally picked up my courage and sat down with my parents. I told them I appreciated their help and apologized for playing with my phone for too long. I promised I would try to manage my time well. Surprisingly, my parents didn't criticize me but gave me a big hug. They told me that I had learned to solve the problem and they were really proud of me. We were all happy that we worked out the problem by communicating with each other.

From this experience, I have learned that good communication is the key to solving problems and building trust.

【详解】[总体分析]

①题材：本文是一篇记叙文，为材料作文；

②时态：时态主要为“一般过去时”；

③提示：文章应该包括两个问题要点，要适当补充，使文章内容充实；行文时多用第一人称，尽量多使用短语和句型；写作中适当使用连接词，使行文连贯、顺畅。

[写作步骤]

第一步，简单叙述问题，从而引出话题；

第二步，详细介绍沟通的过程以及结果；

第三步，表达感受。

[亮点词汇]

① give sb. a big hug 给某人一个大大的拥抱

② be proud of 为……感到自豪

[高分句型]

① Once, I argued with my parents when I was using my phone to play games. (when 引导时间状语从句)

② I promised I would try to manage my time well. (宾语从句)

9. 例文

My Most Memorable Class

We have had thousands of lessons in middle school. Some of them have left a deep impression on me. Among them, the most memorable one is a physics class I had last term.

In the class, our physics teacher Mr. Liu brought some materials and asked us to use them to do an experiment. I was confident that I could do a good job, because I had worked out all of the experiment homework problems. I offered to perform the experiment in front of the whole class. However, I just couldn't put what I had learnt into practice no matter how hard I tried. As you can imagine, I was so embarrassed!

The physics class was really memorable because I learned an important life lesson that real knowledge comes from practice. I also learned to be modest, which will positively influence my future life.

【详解】[总体分析]

①题材：本文是一篇材料作文；

②时态：时态为“一般过去时”；

③提示：写作要点已给出，不要遗漏要点，适当添加细节，并突出写作重点。

[写作步骤]

第一步，介绍自己最难忘的课；

第二步，阐述难忘的原因；

第三步，总结说明从难忘的课程中学到了什么。

[亮点词汇]

①left a deep impression 留下深刻印象

②perform the experiment 做实验

[高分句型]

①However, I just couldn't put what I had learnt into practice no matter how hard I tried. (what 引导宾语从句)

②The physics class was really memorable because I learned an important life lesson that real knowledge comes from practice. (because 引导原因状语从句)

10. 例文

Sometimes it is necessary to take a step back in a certain situation. Last week, we had a group project, but the other members and I had different ideas on it. Soon our discussion turned into a heated argument. I tried to cool myself down and listened patiently to them. I realized there were some good points in their ideas, and suggested that we put our best thoughts together to make our plan. All of them agreed. In the end, we completed the project successfully.

Taking a step back not only gives us time to calm down and think carefully, but also helps us solve problems effectively.

【详解】[总体分析]

①题材：本文是一篇材料作文；

②时态：时态“一般过去时”和“一般现在时”；

③提示：写作要点已给出，考生应注意不要遗漏“信息提示”中你退后一步的经历及收获的要点，适当添加细节，并突出写作重点。

[写作步骤]

第一步，表明写作意图。借用“某些情况下有必要后退一步”来引出重点介绍的内容；

第二步，具体讲述写作内容。从“时间、地点、事件等”几个方面重点描述退后一步的经历；

第三步，详细描述主动退让的收获。

[亮点词汇]

①have different ideas 有不同的想法

②turn into 变成

③in the end 最后

[高分句型]

①I realized there were some good points in their ideas, and suggested that we put our best thoughts together to make our plan. (含有 that 引导的宾语从句)

②Taking a step back not only gives us time to calm down and think carefully, but also helps us solve problems

effectively. (not only ..., but also...引导的并列从句)