

## 2026 高考英语全国一卷（参考答案）

重要声明：以下内容均为考生考后回忆整理，非官方标准答案，仅做估分参考

一、听力 CBAACABCACBCBABABACB 二、阅读理解

A 篇：BAC

B 篇：ADCB

C 篇：CCBA

D 篇：BADD

七选五;CFADB

三、完形填空 CABCA DBCAD ABDCB 四、语法填空（共 10 题，整体偏难）to be held frequency（多名考生误写为 frequency）  
there were necessities which Drawn for heading cheaper

阅读理解 A 全国一卷

A 篇主要介绍了介绍 SoFi Stadium 体育馆近期赛事与观赛实用信息，并且提供了一个表格，表格中讲解了四场比赛，介绍了比赛双方，共 8 支球队和 4 个宾馆。21 题则问了上个月哪个球队打的比赛最多。22 题问哪个宾馆更近。23 题问如果在足球场附近停车，需要知道什么。这些题都可以在原文中找到细节。

阅读理解 B 全国一卷 B 篇

链接 <https://theamericanscholar.org/hey-siri-call-webster/> 主要讲述了一个小孩问妈妈小说里某个词组的含义，妈妈让小孩用词典查，而小孩让妈妈用手机查。这件事情让妈妈回忆起自己小时候有个很喜欢的词典，但是大一的时候词典被偷了，但是自己大二，大三，大四的时候依旧每天会学习新词，最终认识到查词用手机是词典并不重要，重要的是要有一颗学习的心，对应了 27 题，即 B 篇最后一题的主旨，选 motivation 那个选项。

阅读理解 C 全国一卷 C 篇

是一个科普文，没有考标题题，主要讲述了纽约因为城市里树太少，所以一直在种树，然而最近一个研究发现橡树会释放某种化学物质，从而和汽车排放的尾气结合形成臭氧，进而危害人体，所以很多人反对种树。但是相关单位说好几年前就发现了问题，但是认为树更重要，所以坚持种树。学霸反

应本篇最后一题比较怪。

网址

<https://news.climate.columbia.edu/2024/08/05/planting-some-tree-species-may-worsen-not-improve-nyc-air-says-new-study> 原文 Planting Some Tree Species May Worsen, Not Improve, NYC Air, Says New Study  
New York is planting large numbers of trees in order to improve the city's livability. But emissions from some species interact with tailpipe and building pollutants to form smog. By Kevin Krajick August 05, 2024  
In line with longstanding initiatives to expand its green spaces, New York City is planting tens of thousands of trees each year. They provide shade, lower surface temperatures by releasing moisture, absorb a surprising amount of airborne carbon, scrub out soot and other floating pollutants, and provide wildlife habitat along with just plain beauty. What could go wrong?... 阅读理解 D 全国一卷 D 篇是一个社会研究，没有考标题题，主要研究了欣赏艺术作品对认知水平有无影响。研究者找一堆人参加画廊，对 A 组的要求是看看即可，对 B 组的要求则是需要对每一幅作品给出自己的评价和打分。最后对这两组人进行抽象思维的测试，研究发现给艺术打分的人抽象思维会更好，从而得出艺术思维的提是欣赏艺术带来的。网址

<https://www.cam.ac.uk/stories/artistic-beauty-abstract-thinking> 原文 Since the dawn of philosophy, thinkers from Plato to Kant have considered how beauty affects human experience, and whether it has the power to transform our state of mind. Now, a new study from the University of Cambridge suggests that stopping to contemplate the beauty of artistic objects in a gallery or museum boosts our ability to think in abstract ways and consider the “bigger picture” when it comes to our lives. Researchers say the findings offer empirical evidence that engaging with artistic beauty helps us escape the “mental trappings of daily life,” such as current anxieties and to-do lists, and induce “psychological distancing”: the process of zooming out on your thoughts to gain clarity. People contemplate a painting in Kettle's Yard, the University's modern art gallery and site of the study's experiment. A team of Cambridge psychologists conducted an experiment using the University's modern art gallery, Kettle's Yard, as a “living laboratory” to compare the cognitive effects of merely seeing art with actively judging how beautiful it is.... 七选五全国一卷 七选五主要讲述了 AI 赋能博物馆，通篇讲 AI 对博物馆的益处，包括可以让所有游客有个性化的体验，可以检测文物的损害程度，及时修复或者提前保护，对不同年龄段的人定制旅途路线来更好地学习文物相关知识。解题方面有很多的原词重现，上下文的对应关系比较清晰，结构清晰，比平时模考卷更清晰。

完形填空全国一卷语篇讲述主人公离开故乡小镇后的感悟，传递出对乡土文化独特价值的深刻认识，以及对成长经历与故土滋养的真挚感恩  
语法填空全国一卷全国一卷语法填空语篇聚焦中国传统“大集”的起源与功能，描绘了集市上美食飘香、

人群熙攘、物产丰富的场景，展现中国乡土社会的繁荣景象与独特风情。网址 [https://www.chinatoday.com.cn/China/202401/t20240115\\_800354394.html](https://www.chinatoday.com.cn/China/202401/t20240115_800354394.html) 原文读后续写全国一卷一个女孩为找男友过圣诞节途中遇暴风雪、车子被困后，一对善良夫妻给予帮助还提供了修车服务的故事。（题源 1 原文）

题源 1 网址出处: <https://chathamvoice.com/2023/01/04/the-kindness-of-strangers/>（题源 2 出处的原文） TRVERSE CITY — Residents of Northern Michigan say that they're grateful for random acts of kindness they've seen following the brutal snow and ice storm. From helping move a car to offering a place to sleep, locals say they've seen their community step up to help those in need. Karin Chrostek is a mother who works at Munson Health. She says that after a 12-hour shift on Monday, she went to pick up her son east of Traverse City. Chrostek's car became stuck in a neighborhood she was unfamiliar with, multiple miles from her son. Chrostek says she was helped by a father and son, who worked to shovel the snow around her car. "They were armed with shovels, and they started digging out. I did what I could with my snow scraper, my good mittens and my jacket," she said. While the three of them worked, conditions remained dangerous. Chrostek says another stranger from the neighborhood offered to host her for the night, which Chrostek took her up on. "We kind of talked about the storm and the state of things, and we both kind of reaffirmed that this was a step forward in terms of redemption of humanity," she said. Chrostek says that tough moments like these show how the community is often there to step up and help others. "Honestly, without the three of them, I would still be stuck," she said. "So I picked up my son this morning, and it was victorious, and we both came home and took naps. Just happy to be here." Numerous strangers have also been seen helping out stuck cars, either with equipment or a simple push. Two of those helpers are Brooklyn and Kayden from Sault Ste. Marie. They say they've helped 20 to 30 people in need of driveway shoveling or assistance with their car. "It feels very good to help out people," Kayden said. "If I was stuck in a ditch, I'd more than want a truck to come help pull me out or offer to help." They said they decided to help out while visiting from the UP, and even purchased some new equipment today to use. "Any time we see somebody struggling, like an older person struggling with shoveling snow, we'll pull over and just say, 'Hey, can we give you a hand with that?'" Kayden said. Authorities are recommending that anyone who is able to stay home continue to do so. 题源 2 原文精准翻译

特拉弗斯城讯 —— 密歇根州北部的居民们表示，在这场猛烈的冰雪风暴过后，人们目睹了诸多暖心的善举，内心满是感激。从帮忙推车到提供留宿之处，当地居民称，整个社区的人们都挺身而出，向身处困境的人伸出援手。卡琳·赫罗斯泰克是芒森医疗中心的一名工作人员。她讲述，周一结束 12 小时轮班工作后，她驱车前往特拉弗斯城东部接儿子。不料车辆在一处陌生街区陷入积雪，此地距离她的儿子还有数英里之遥。卡琳说，一对父子主动上前帮忙，奋力铲除车辆周边的积雪。“他们拿着铁锹埋头清理积雪，我也拿出除雪铲，戴好厚实的手套、裹紧外套，尽自己所能搭把手。”她说道。三人合力铲雪时，户外的恶劣状况并

未好转。随后，社区里另一位陌生人邀请卡琳当晚暂住家中，她接受了这份善意。“我们聊起这场暴风雪和当下的处境，两人都感慨，这些善意之举让我们重新看到了人性的美好。”卡琳说道。她认为，危难时刻最能体现社区邻里守望相助的温情。“说实话，如果没有这三位好心人，我至今还被困在原地。后来我顺利接到了儿子，平安回到家中，休整休息，能安然脱险实在万幸。”暴风雪中，还有许许多多陌生人主动救助受困车辆，有人拿出专业工具，也有人仅仅上前合力推车。来自苏圣玛丽的布鲁克林与凯登便是其中两位热心人，他们已经帮助了数十名被积雪困住的路人。“伸出援手的感觉特别美好。倘若我身陷困境，也十分盼望能有人向我施以援手。”二人表示，他们本是前来此地探亲，看到风雪中的窘境便决定留下来帮忙，当天还特意购置了新的救援工具。“每当我们看到有人艰难跋涉，尤其是被积雪困住的老人，都会停车上前询问是否需要帮助。”相关部门提醒，条件允许的居民尽量留在家中，不要外出。

### 续写任务要求

请根据所给材料内容和段落开头语续写两段，使之构成一篇完整的短文。续写词数应为 150 左右  
第一段开头：The couple suggested that Emily take a train to meet her boyfriend.  
第二段开头：Three days later, Emily came back to pick up her car.

### 读后续写题源 2 命题改

#### 制逻辑

1、母本筛选：选取真实新闻“暴风雪陌生人互助”，契合高考“正能量主题”。2、叙事重构：人物：将原新闻主角改为 Emily，新增“见男友”动机，聚焦个体故事。情节：截取“被困→铲雪留宿”核心冲突，删去无关细节。3、难度适配：精简篇幅、简化句式，适配高中生词汇与阅读水平。4、留白定向：在“留宿脱困”节点设置分割点，通过两段段首句引导续写方向，既承接原文善意主题，又给考生合理创作空间。

### 写作思路指导

第一段描写 Emily 听到建议后的犹豫（担忧车辆），看到恶劣天气后决定听从建议；夫妇驾车送她前往车站，途中讲述社区互助的故事；Emily 内心逐渐温暖，理解安全的重要性；最终在车站与男友相见，分享此番奇遇。第二段描写暴风雪停歇，雪后晴朗的景象，街头邻里互助清雪的画面；Emily 发现车辆已维修完毕，再次遇见好心夫妇与两位年轻助人者；她送上礼物表达感谢，并加入铲雪队伍；结尾升华主题：善意会传递，灾难拉近了人与人的距离。

## 高分写作技巧

细节描写环境描写（呼啸寒风、车窗冰花、屋内暖炉）动作描写心理描写，丰富文章画面感。优质表达运用高级词汇与句式 a glimmer of hope（一丝希望）the kindness that melts the ice（融冰的善意）pay it forward（传递善意）等。

## 参考范文

Paragraph 1The couple suggested that Emily take a train to meet her boyfriend. Emily hesitated for a moment, worrying about her car left on the road. But looking at the raging snowstorm outside, she finally agreed. The kind couple drove her to the railway station on the way, telling her many warm stories about neighbors helping each other during storms. On the train, Emily felt a warm glow in her heart. When she saw her boyfriend waiting anxiously at the platform, she ran into his arms and told him about the kind strangers who had saved her.

Paragraph 2Three days later, Emily came back to pick up her car. The storm had gone completely, and bright sunshine spread over the snow-covered streets. She spotted the couple working with Brooklyn and Kayden, and her car was parked nearby, perfectly repaired. Emily gave them a heartfelt thank-you gift and immediately joined their team, shoveling snow for an elderly neighbor. As she worked, she realized that kindness is contagious, and this storm had brought the community closer than ever before